

# Sleepy Eye Community Education

## Fall 2017

September 4, 2017

Volume 41, Issue 1

**400 4<sup>th</sup> Ave SW, Sleepy Eye MN 56085**  
**507-794-7873**

### Staff

**Pat Stevermer**

Director

**Sandy Brinkman**

Community Ed Coordinator

**Torry Berg**

School Readiness Instructor and Coordinator

**Megan Koenigs**

ECFE & Discovery Time Instructor and Coordinator

### Community Education Advisory Council

Joleen Dittbenner, Alda Rydin, Diane Lax, Judy Maurer  
Carol Carlson, Randeem Murphy, Rita Hauser, Steve Lingen

School day office hours are generally 8:00 a.m.-3:30 p.m.

**If school is closed, activities are canceled. If school starts late, evening activities will be held.**

Web page: <http://www.sleepyeyeschools.com>

## Welcome to another year!

Community Education programs are for all ages. We hope you will find something of interest in what we are offering this fall.

Daytime visitors to the Sleepy Eye School need to enter Door #2. Please sign in and get a visitor's pass. The receptionist will direct you to the office or classroom you may need to visit.

Watch for weekly updates on our program by reading the Community Education News in the *Sleepy Eye Herald Dispatch*. Biweekly on a Tuesday, a staff member provides updated information on KNUJ-SAM 107.3 at 8:30 a.m. You may also find updates on Sleepy Eye Online.

Thank you for your continued support of our programs!

Pat Stevermer, Director

[pat.stevermer@sleepyeye.mntm.org](mailto:pat.stevermer@sleepyeye.mntm.org)

Some topics and information included in this brochure include:

- Smart Driver classes
- Fall Trips and Tours
- Computers Skills, GED, College Prep Classes
- Adult and Youth Enrichment Courses
- ECCE Classes and Activities
- Parenting and Child Care Enrichment Opportunities





## Smart Driving Classes

Drivers 55 and older who complete the course qualify for a ten percent discount on their vehicle insurance premium for three years. Developed by the American Association of Retired Persons (AARP) and conducted throughout the country, Smart Driver teaches preventive measures to use when driving that saves lives. First time students must take an eight-hour course, but repeat students may take a four-hour renewal course to qualify for the discount. Classes are held at the Sleepy Eye High School.

Cost is \$15 (AARP member) or \$20 if not a member with checks payable to AARP.

Bring your driver's license and AARP membership card. Minimum class size is 15 and maximum is 25.

Classes this fall will be offered on the following dates:

### **Four Hour Renewal Classes:**

Thursday, September 14, 5:30-9:30 p.m.

Monday, October 23, 1-5 p.m.

Monday, November 6, 5:30-9:30 p.m.

Monday, December 4, 1-5 p.m.

### **First Time Eight Hour Class**

Saturday, October 28, 8 a.m. start time

## United Way Brown County Area

Many initiatives are offered through our Brown County Area United Way. One of the long standing programs has been the **Youth Activities Scholarship Program**. Young people ages 4-18 whose family income is insufficient to meet the activity and equipment fees, are eligible.

The **Dolly Parton Imagination Library** is open to all preschool children in Brown County. This program delivers one book a month to those who register through United Way. Reading regularly to children at a very young age has proven to help children be ready for school. Call the United Way at (507)354-6512 to register a child.

Registration forms and additional information is available on all of these activities at [www.unitedwaybrowncountyarea.org](http://www.unitedwaybrowncountyarea.org)

### **Day of Caring - Saturday, October 28, 2017**

The Day of Caring is an annual celebration of community volunteers giving "One Day to Help One Another." Recruit family, friends, neighbors and coworkers to make up a team. Teams may range in size from two to over twenty-two!

Volunteers provide "helping hands" for services that people, for diverse reasons, cannot do. Some non-professional service projects include: small painting projects, raking leaves, washing windows, cleaning gutters, moving boxes or furniture, yard work, housework, and much more. Sign up for the 20<sup>th</sup> annual **Day of Caring** organized by the United Way of the Brown County area. If you are in need of a helper for the morning or want to register a team, call 507-354-6512 or visit on the web [UnitedWayBrownCountyArea.org](http://UnitedWayBrownCountyArea.org)



## One Day Outings

This fall, take a journey by motor coach with Sleepy Eye Community Education. Stops are made along the route to pick up participants. A minimum number is needed in order to go. Please adhere to sign-up deadlines. If you cancel after a ticket deadline, you will be responsible for the ticket price unless you find a replacement.

**Clay County Fair** – Tuesday, September 12 – The largest county fair around and one you can see in a day! It is Senior Day with admission \$6 for persons 65 and over. Free entertainment includes the Holy Rocka Rollaz and Divas Through the Decades at the Northwest Bank Stage; David Malmberg (ventriloquist) and Kris and the Riverbend Dutchmen (polka) at the Farmers Bank Stage. Strolling Acts include Steve Trash, Hillbilly Bob and Old Ruthie, Matt’s Family Jam, and T. Texas Terry. Glenn Henriksen and Friends perform at the Dish Plaza Stage. Motorcoach is \$25 per person and departs Sleepy Eye at 7:30 a.m. Registration is requested by September 5.

**Minnesota Landscape Arboretum/Barn Quilt Tour** – Tuesday, September 19 – Motor coach to the Arboretum in Chanhassen to view the many plants in bloom during the summer. Chance to take the narrated tram ride through the grounds for a fee. Lunch at the café or bring your own. A step-on guide will share some of the mounted Barn Quilts in Carver County. Tour, entry fee and transportation will be \$50 per person. Depart Sleepy Eye at 8 a.m., return 5 p.m. Sign up by September 5.

**Minnesota State Capitol Tour** – Thursday, October 12– A chance to see the renovated building after three years remodeling! A guided tour is scheduled for 11 a.m. Lunch will be available at the Minnesota History Museum followed by visits to the exhibits. Tours and motor coach will be \$35 per person with lunch on your own. Depart 8 a.m. from Sleepy Eye and return by 5 p.m. Sign up by September 25.

**Monky Business** at Day Trippers, Bloomington – Thursday, October 26 – The fun-loving monks of Saint Bernard’s Monastery are in a jam. Abbot Costello and his four beleaguered brethren have just learned that a real-estate developer is about to turn their monastery into a gambling hall called Bernie’s Casino Royale. Unless the merry Men in Brown can raise \$250,000 dollars by midnight, they are done for. Depart Sleepy Eye at 10 a.m. Luncheon, show ticket and motor coach would be \$65 per person. Sign up by October 9.

**Chanhassen Dinner Theatre** – “Sister Act” – Wednesday, November 15 - Featuring original music by 8-time Oscar-winner, Alan Menken (*Beauty and the Beast, The Little Mermaid, Little Shop of Horrors, Newsies*). *Sister Act* tells the hilarious story of Deloris Van Cartier, a wannabe diva whose life takes a surprising turn when she witnesses a crime and the cops hide her away in the last place anyone would

expect – a convent! Set around the Christmas holidays, Deloris helps her fellow sisters find their voices as she also rediscovers her own in a sparkling tribute to the universal power of friendship. Noon lunch, show ticket and motor coach is \$85 per person. Depart Sleepy Eye 9 a.m., return 5 p.m. Sign up by October 16.

**Mankato Opry Christmas Show** – Sunday, November 26 at the Kato Ballroom – Show ticket and motor coach would be \$40 per person. Sign up by November 20. Bus departs Redwood Falls at 11:30 a.m., Morgan, 11:45 a.m., Sleepy Eye, 12 noon, and New Ulm, 12:30 p.m. Return to Sleepy Eye around 5:30 p.m.

**Plymouth Playhouse** - The Looney Lutherans in “Hold the Lutefisk” – Tuesday, November 28 – “You’d better watch out, you’d better not cry...” Because the Looney Lutherans are coming (back) to town with more tips for surviving the holidays, the Lutheran way. Prepare to keep those New Year’s resolutions with exciting new exercise tips (the 12 Days of Housework); hear the Loonies extol the virtues of their new Cuisinart 12 speed mixers; and learn the secret to getting on Santa’s “nice list” (hotdish, anyone?) Whether your in-laws have overstayed their welcome, or the furnace is acting up, take a break from the stress of the season by celebrating the holidays with the Looney Lutherans. (And, of course, you don’t have to be Lutheran to love ‘em.) Motor coach and show ticket is \$50 per person; lunch on your own at Ridgedale. Would depart Sleepy Eye at 8:45 a.m. and return around 5:30 p.m. Sign up by November 6.

Coming in April 2018 – Main Street Opry - A Branson show in Sioux City, IA on Monday, April 9, 2 p.m.

Area Community Ed Outings:

Sunday, November 12<sup>th</sup>, 1 pm show - **Crystal** – A Breakthrough Ice Experience at the Target Center and Wednesday, December 20, 7:30 show – **Phantom of the Opera** at the Orpheum with **Redwood Falls Community Ed**. Call Celest 507-644-8024 to register.

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**Phantom of the Opera** at the Orpheum on Thursday, December 14, 2 pm show, \$74 with **New Ulm Community Ed**. Call Crystal 507-233-8307 to register.

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**How Sweet It Is...** Wednesday, November 15. Start the day at Abdallah Candy where you can watch as they make handmade candies. You will also receive a sampler gift and have the opportunity to purchase candy. Following the candy store demonstration, a stop will be at the Eagan Outlet Mall for lunch and shopping. Bus departs Fairfax at 7:30 a.m., Gibbon, 7:45 am and Winthrop 8 a.m. Return approximately 5 p.m. \$24 includes coach or mini coach transportation, lunch and shopping on your own. Register by November 2 with **GFW Community Ed**, Sandy 507-207-2204.



**Community  
Education...  
Lifelong  
Learning**

### CPR/First Aid Classes

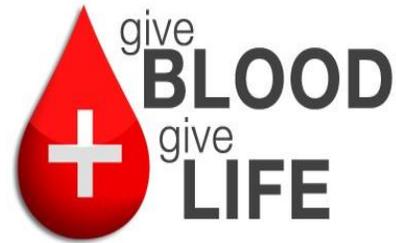
The Sleepy Eye Ambulance Service employs three American Heart Association Basic Life Support instructors to help meet the CPR, AED and First Aid training needs of the community. Any individual or group interested in attending a class should contact the Sleepy Eye Ambulance Service at 507-794-3116 or Shari Hittesdorf, Ambulance Coordinator email hitt@sleepyeyetel.net

Check the class schedule on the City of Sleepy Eye website.

These courses are sponsored through donations received from many businesses, organizations, and individuals. Classes are held at the Ambulance/Police Station training room at 130 2<sup>nd</sup> Ave NW, Sleepy Eye.

### Red Cross Bloodmobile comes to Sleepy Eye

Wednesday, November 15  
8:30 a.m.-2:30 p.m.  
Sleepy Eye High School  
Gymnasium



### GED/College Prep for Adults

**GED** classes are offered in New Ulm through the Mankato Area Adult Basic Education Consortium. Preparation for people who need a high school diploma or its equivalency in order to get a better job, or move on to post secondary education opportunities. All classes are held at the New Ulm Public Library. The new GED year started Tuesday, August 22. Classes meet on Tuesday and Thursday 9:30-11:30 a.m. and Monday 6-8 p.m.

**Basic Computer Class (Northstar)** offered on Mondays, 4-6 p.m.

For more information or to schedule an appointment contact: New Ulm Adult Basic Education, 507-779-5827.

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**College Prep** offers free courses designed to strengthen your academic and computer skills and help prepare you for college-level work. With College Prep you will:

- Work one-on-one with an instructor
- Explore careers and develop a plan for your future
- Sample college courses such as psychology, history, and economics
- Learn valuable study strategies
- Develop an understanding of the college environment
- Strengthen reading, writing, math and computer skills

College Prep classes are offered at South Central College September 11-December 13.

Additional classes and hours available at Lincoln Community Center, 110 Fulton Street in Mankato and So Central College. FastTRAC courses include Healthcare, CDL and Manufacturing. Other offerings include SKILL, ESL, ServSafe Food Handler and Para Pro Preparation. Call 507-345-5222 for more information and to register for these options.



## Adult and Youth Enrichment

**Drivers Education** –fall session of **classroom driver's education** will be held during the months of October and November. Thirty hours of instruction is needed before the permit test can be taken. Registration will take place in September. Watch school bulletins for class dates. Parent class is available on the last night of student classes.

An updated **babysitting list** has been prepared following the clinic held this past summer. If you need a copy, stop in Room 109 at SEHS or request one to be mailed to you.

**All Day Quilting** – A day long class to start a new pattern or finish one that has been in your tote for a few months. Yardage provided when one registers. All quilting projects use the rotary cutter method. Patterns are available for beginners and experienced quilters. Scheduled classes are: Saturdays, September 30, October 28, and November 18. The class begins at 8:00 a.m. and ends at 4:00 p.m. Participants bring a potluck dinner. The fee for a quilt is \$12.50 but smaller projects may be made for \$6.25. Instructor is Patty Haala. Class held at Sleepy Eye School Cafeteria.

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### Investment and Retirement Seminars

Blair Folkens, CRPC, of Schmid Financial Services, LLC will be hosting several 45-minute educational presentations on personal financial topics. Come ready to learn important information that will help you and your family's financial future. Sessions will be held in Room 134 at SEHS.

**The Retirement Red Zone:** Monday, October 9, 5:30 p.m. or Tuesday, November 7, 5:30 p.m.

Are you 15 years or less from retirement? Do you know when you would like to retire? Are you on track to meet that goal? This is the stage of life we call the Retirement Red Zone. The last 10 to 15 years before retirement are critical savings years and it is your responsibility to ensure yourself of a comfortable retirement. If your retirement goals are on track, it's important to stay on track. If your projects are falling short, now is the time to do something about it. During this educational presentation, we will discuss current economic conditions along with several investment strategies to help build your retirement accounts. We will have a discussion regarding risk tolerance in relationship to investment time frame as well as retirement distributions.

**Income Distribution in Retirement:** Tuesday, September 19, 4:30 p.m. or Monday, October 9, 4:30 p.m.

Where is your income going to come from in retirement? What is the most tax efficient way to receive it? Investors are constantly being told to save, but haven't been educated regarding the best way to live off their retirement savings accounts. Learn about IRS guidelines that are important to follow as well as taxable versus tax-free accounts, social security, and annuities.

**Finances for Parents:** Tuesday, September 19, 5:30 p.m. or Tuesday, November 7, 6:30 p.m.

Being a parent brings on many challenges, especially finding enough hours in the day to get everything accomplished. This educational presentation will address several topics that many parents know is pressing, but haven't had the time to learn about:

- Setting financial goals. How do we get there?
- Saving for retirement. Ideal savings rates.
- Life Insurance. What is it? How much do I need? What type of life insurance is best for me?
- College savings plans for children.
- Cash flow and budgeting.
- Managing debt. Mortgages, personal loans, college loans, etc

Knowing your financial goals and educating yourself on accomplishing these goals are the building blocks of a successful financial future for your family.

Please sign up for one of these educational sessions. Call 507-794-7070 or 507-794-7873. You can also email [blair@schmidfinancialservices.com](mailto:blair@schmidfinancialservices.com) or [pat.stevermer@sleepyeye.mntm.org](mailto:pat.stevermer@sleepyeye.mntm.org) If there are other financial topics you would like to hear about, please let us know.



Since parents are the first and most important teachers for their children, all families are welcome in the ECFE program. No one will be denied participation due to inability to pay. Scholarships are available. Classes are held in the ECFE rooms (#318-320) in the Sleepy Eye Elementary School.

Fall term begins the week of September 11 with offerings for all ages of preschoolers. The child's age as of September 1, 2017 should be used to determine which class to enroll. The teachers take into consideration children's developmental levels when planning activities for each class. Complete class information and additional offerings are available in the ECFE newsletter and on the school website [www.sleepyeyeschools.com](http://www.sleepyeyeschools.com). If you do not receive the newsletter, we do not have your preschool children on our census list or perhaps you have a new address. Call 507-794-7873 with this information.

## ECFE Fall Classes



**Babies** (birth to walking) on Saturdays, 9:30-10:30 a.m. – Meet with other parents and discuss topics related to parenting babies. Classes held on September 16 and 30, October 14 and November 4.

**Toddlers** (walkers to runners) on Thursdays, 6:00-7:15 p.m. beginning Thursday September 14 for nine sessions. Fee is \$27. Have fun learning with your toddler through play and parent-child activity time. Parent discussion held in same space. Babies already walking are invited to join.

**Two Year Olds** on Tuesdays, 6:00-7:30 p.m. beginning September 12 for nine sessions. Fee is \$36. Come for ideas, motivation and support to stay ahead of your curious, active child. Parent(s) separate from the children for discussion time.

**Mixed Ages** (3-5 years) on Mondays, 9:00-10:30 a.m., or 4:30-6:00 p.m. or 6:30-8:00 p.m. beginning September 11 for nine sessions. Fee is \$36. Play is your child's work and the classroom offers many types of play activities.

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**Preschool Screening - Tuesday, October 3** – Children who will be four by December 31 are invited to attend the fall early childhood screening. This screening is free of charge and begins at 8:30 a.m. It is held in the basement of Trinity Lutheran Church. Appointments are scheduled every 30 minutes and the ESI-R takes about an hour to complete. Call 507-794-7873 to set up an appointment for your child.

**Mommy and Me – Cooking with Mom** on Friday, November 10, 5-6:30 p.m. in the FACS Room at SEHS

**Fall Festival** – Saturday, October 28, 10-12 noon. Held at the Sleepy Eye School Cafeteria. Join us for a fun afternoon of fall themed games, playdoh creations, book corner, and coloring.

**Open Gym** – Saturday, November 18, 3:30-5:00 p.m. or Saturday, December 2, 10:30 am-12 noon in the Sleepy Eye Elementary Gym

**Holiday Event** – Friday, December 8, 5:30-7:30 p.m. in the Sleepy Eye School Cafeteria

**Scrip Cards** – ECFE and Preschool Programs are selling gift cards. Scrip gives a percentage back to the programs so it is a win-win for purchasers and the program. Over 800 stores offer a percentage of the sale of gift cards back to the sponsoring organization. The ECFE program provides this service monthly. Return order forms by the 10th of the month (available in Rooms 109 or 319) or go online [www.glscrip.com](http://www.glscrip.com) to see all of the possibilities.

**Casey's Pizza and Donut Partnership Cards** may be purchased through the ECFE and School Readiness programs. Each punch on the Pizza Card is valid for one FREE medium single topping pizza with the purchase of any large specialty pizza. These cards sell for \$15. Each punch on the Donut Card is valid for six FREE cake donuts with the purchase of six cake donuts. They sell for \$10. All cards have ten punches on them, have no expiration date and are accepted at all Casey's General Store locations that serve pizza and donuts.

**Support ECFE** by saving Milk Moola lids or labels, Box Tops for Education and Loaves for Learning proof of purchase labels. These are submitted by October 1 and April 1 each year and provide items for the classroom or cash back for special events. Last call for Campbell's Labels for Education is December 15.

### Preschool Offerings

School District #84 offers a three year old **Discovery Time** preschool two days a week for two hours. Parents also attend ECFE classes with the child. Scholarships are available for qualifying families and busing is available in town. Early sign-up is encouraged as classes fill fast!

**School Readiness** is available for four year olds and meets 140 days during the school year due to a Voluntary Pre-K grant which was awarded to Sleepy Eye School for the 2017-18 school year as well as 2018-19.

Other preschools are available at St. John's Lutheran School, St. Mary's Catholic School and Tri Valley Head Start (also includes daycare).



## Life-Work Planning Center

The mission of LIFE-WORK PLANNING CENTER is to increase the self-sufficiency of women and their families.

LIFE-WORK PLANNING CENTER:

- Is a Pre-Employment for women and a Minnesota Displaced Homemaker Program. They serve women in transition, including Displaced homemakers; Non-Displaced Homemakers; Latina Women and Youth, and Women transitioning from Welfare to Work.
- Provides a supportive environment where one can gain pre-employment skills and define what is important to them.
- Services include Workshops, One-to-One Peer Counseling, Computer tutoring, Resources & Referrals and Advocacy.
- Service individuals in Blue Earth, Brown, Faribault, LeSueur, Martin, Nicollet, Sibley, Waseca and Watonwan Counties.
- Is sponsored in part by the Minnesota Department of Employment and Economic Development, area United Ways, and individual contribution.

Classes are held at the Brown County License Bureau, 1900 North Franklin, New Ulm

Six week workshop series **Personal Growth/Career Development** beginning Tuesday, September 12, 1-3 p.m. Topics covered include Confidence, Stress Management, Assertive Communication, Boundaries, Decision Making and Goal Setting.

Three week **Job Search** workshop beginning Tuesday, October 24, 1-3 p.m. Topics include Personality Styles and Interests; Job Search and Interview Skills; and Resume Writing.

Call 1-507-345-1577 or 1-800-369-5166 to register for offerings through Life-Work Planning Center or visit [www.lwpc.org](http://www.lwpc.org)

### Registration Form

Return to: Sleepy Eye Community Education  
400 4<sup>th</sup> Ave SW  
Sleepy Eye, MN 56085

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zipcode \_\_\_\_\_  
Email \_\_\_\_\_

**Community Education**

**Phone:**  
**507-794-7873**

**Email:**  
[pat.stevermer@sleepyeye.mntm.org](mailto:pat.stevermer@sleepyeye.mntm.org)

[sandy.brinkman@sleepyeye.mntm.org](mailto:sandy.brinkman@sleepyeye.mntm.org)

We're on the Web!  
[sleepyeyeschools.com](http://sleepyeyeschools.com)

Class or Event	Day/date	Fee



### VIP PASS

Sleepy Eye Community Education in partnership with School District #84 offers the VIP Pass! The VIP pass is a complimentary pass for senior citizens 60 years old+ and who reside within the Sleepy Eye School District. VIP passes allow the bearer free entry to all regularly scheduled Sleepy Eye Public School home athletic events. This pass is not valid for any tournament or post season games. Patrons may obtain a VIP pass by stopping in the Community Education Office, Room 109, 400 4<sup>th</sup> Ave SW. Individuals are required to provide their name and home address to prove they are a School District 84 resident.