



Sleepy Eye Public Schools

Independent School District #84
400 4th Avenue SW
Sleepy Eye, MN 56085
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Blue Ribbon School 2015



John Cselovszki, Superintendent
Shane Laffen, High School Principal
John Cselovszki, Elementary Principal
Cory Haala, Activities Director
Amanda Boomgarden, Business Manager
Noemi Vazquez Cruz, 9-12 Counselor
Sarah Lendt, 5-8 School Counselor

INDEPENDENT SCHOOL DISTRICT 84 MISSION STATEMENT:

“Provide engaging and individualized educational opportunities to diverse learners for their growth and success.”

March 7, 2024

Covid Update from CDC

CDC has updated their guidance on COVID precautions to now align with all Respiratory Viruses Illness guidelines. So as a whole school our policy on COVID is updated to reflect these new guidelines:

You can go back to your normal activities when, for at least 24 hours, both are true:

- Your symptoms are getting better overall, and
- You have not had a fever (and are not using fever-reducing medication).

When you go back to your normal activities, it is recommended to take these added precautions over the next 5 days, such as taking steps for cleaner air, hygiene, masks, physical distancing, and/or testing when you will be around other people indoors.

- Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.

- If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.

If you have any questions or concerns please contact me at school health office ext. 1412 or email katelyn.suess@sleepyeye.mntm.org

Link to CDC's article: <https://www.cdc.gov/ncird/whats-new/updated-respiratory-virus-guidance.html>

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